

# Are you...

- in need of support for you or someone you know
- feeling overwhelmed or hopeless
- depressed or anxious
- struggling with substance use
- in need of a listening ear
- looking for a sign to stay alive



It's not too late.



call



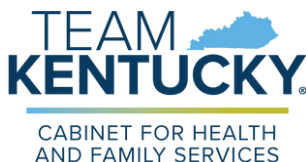
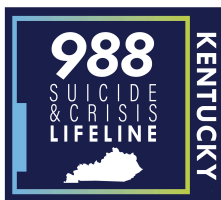
text



chat

**24/7/365**

**It's your call! What you share and when—  
remain anonymous if you want.  
We're here to help.**



**tinyurl.com/988Chat**  
or scan the  
QR code





**call**



**text**

[tinyurl.com/988Chat](https://tinyurl.com/988Chat)



**chat**

**24/7/365**

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# Your voice matters.

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If you have contacted 988,  
**we want to hear from you.**



Scan the QR code or visit  
**[tinyurl.com/988Feedback](https://tinyurl.com/988Feedback)**

Your feedback improves the  
life-saving services of 988.

**988**

SUICIDE  
& CRISIS  
LIFELINE



TEAM  
**KENTUCKY.**

CABINET FOR HEALTH  
AND FAMILY SERVICES