

Together We Stand!

EQUAL HOUSING OPPORTUNITY

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Funded in part or in whole through Federal, CHFS and/or State funds.

Solutions Locations

Breathitt Solutions
3770 Hwy 15 South
Jackson, KY 41339
Ph: (606) 666.7591

Knott Solutions
3476 West Hwy 80
Emmalena, KY 41721
Ph: (606) 785.3556

Wolfe Solutions
129 Hwy 15 North
Campton, KY 41301
Ph: (606)668.7420

Lee Solutions
1060 Grand Ave
Beattyville, KY 41311
Ph: (606) 464.3212

Letcher Solutions
3367 Hwy 119 N (Mayking Mall)
Mayking, KY 41837
Ph: (606)633.4439

Perry Solutions
91 Little Grapevine Creek Rd.
Hazard, KY 41701
Ph: (606)435.2839



24-Hour Crisis and Information Hotline

1-800-262-7491 / 988

1-800-606-6464 (TTY)

988 | SUICIDE & CRISIS LIFELINE

Kentucky River COMMUNITY CARE

Real People. Real Stories. Real Recovery.

krcccares.com

SOLUTIONS



Exclusively for Women

Specializing in the Treatment of Co-Occurring Mental Health and Substance Use Issues

What Is Solutions?

Solutions provides comprehensive intensive (remove) outpatient treatment for women who have experienced domestic violence, substance use, childhood abuse, or other trauma. The program offers more intensive care than standard outpatient services and is designed for women who may be stepping down from a higher level of care or who need additional support. Services are trauma-informed and tailored to the needs of women in rural communities.

Who We Serve

Adult women in the Kentucky River region (Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe Counties) who have experienced trauma, domestic violence, substance use, or related challenges and who benefit from an intensive outpatient level of care.

Please Call:

1-800-575-7223



Our Services

- Individualized assessment and treatment planning
- Individual, group, and family therapy
- Parenting Classes
- Psychoeducation and skills building
- Case management and care coordination
- Supportive counseling and recovery support
- Access to related services (including domestic violence advocacy when needed)



Client Activities

- Individual, Group and Family Therapy
- Participation in Treatment Plan Development
- Women for Sobriety/Self-Help Groups
- GED and Job Readiness
- Graduation Ceremony
- Aftercare Service

Who is Eligible?

- Need intensive services to stabilize and recover from behavioral health issues, including substance use and mental health disorders.
- Are pregnant and having difficulty becoming or staying drug free.
- Are affected by substance use within their family.
- Are overcoming trauma from past experiences.
- Resolving legal issues with the judicial system.
- Are trying to keep their children in their home or are working to regain custody of their children.
- Are working toward independence from public assistance.

Daily Schedule

On a typical day, treatment hours are Monday through Friday, 10:00am to 3:00pm. Each client's schedule will reflect her individual treatment needs.

How to Get Started

Contact us to schedule an assessment. Most women can begin services within 24–48 hours. Transportation assistance may be available.